

South Hadley Youth Football K-2 Program 2009

The South Hadley Recreation Department is proud to offer K-2 co-ed football once again this fall. This new program will introduce kids to the sport of football in a safe, low pressure environment designed to introduce various aspects of the game. This is a non-competitive program with the emphasis on fun!



In response to parental concerns, we would like to provide children with the ability to experiment with the sport to see if they like it without having to decide between two sports in the younger age groups. For that reason, these kids will be able to play both football and soccer in the K-2 divisions. Participants are not allowed to do this in grades 3-8 as the schedules will have many conflicts as the teams meet multiple times each week. Soccer will not be scheduled on Monday nights for the K-2 divisions.

Program Design: The program is designed to teach the basic skills of football such as throwing, catching, handoffs, stance, etc...through various fun drills and games. The season will progress towards an end of season game/event. Whenever we play a game or scrimmage, the players will use flags so there is minimal contact.

When: The program will meet on Monday evenings from 5:30-7pm at the Beachgrounds Park. The program begins September 14 and runs through Monday, October 26. Practice will be held on Columbus Day. If any of the sessions get rained out, makeup sessions will be held from 4-5:30pm the following Saturday afternoon.

Where: Beachgrounds Park – located on Main Street across from the Town Hall.

Cost: The cost of the program is \$15 and will include a tee shirt.

Equipment: Participants need to wear athletic clothing like they would be dressed for gym class (sneakers or cleats, tee-shirt or sweatshirt, sweatpants or shorts, and a water bottle). Please be prepared for cool weather! The Recreation Dept. will provide all other necessary equipment for the program.

Coaching: Dean Carey will be the head coach of the program and he has extensive knowledge of the sport. We need numerous volunteers to make the program go as smoothly as possible. We are having a meeting on Monday, August 31st at 6pm in the Recreation Department office.

For more information about our 3-8th grade football program, visit www.shyfa.com for more information.

